

Introduction Paragraph

Being in a state of homelessness is a very hard place to be. The insecurity of safety and shelter can compound with other problems: lack of support system, lack of steady income, physical health issues, mental health issues, addiction, etc. Some people may be dealing with only one of these issues on top of being homeless, but many are dealing with at least several. While changing the system to help people move away from these circumstances will be difficult and take a lot of time, there are ways to help the people who are struggling now.

Resources

<https://roccitylibrary.org/services/housing-resources-in-rochester/>

Resources to get some help from.

<https://www.cityofrochester.gov/homelessness-resources-rochester>

Resources to get some help from.

<https://regenbrampton.com/unknown-challenges-the-homeless-face/>

While this has a Canadian focus, it talks about the factors that can contribute to homelessness and what challenges there can be.

This website has a lot of informative articles.

https://www.reddit.com/r/Anarchism/comments/137yg0m/for_anyone_whos_homeless_what_are_some_useful/

A reddit thread where people discuss what might be helpful to donate and/or hand out.

<https://pcho.org/homeless-outreach/>

A website, for a Rochester outreach group, with a lot of informative articles.

<https://spectrumlocalnews.com/nys/binghamton/news/2024/12/18/hud-is-about-to-release-report-expected-to-show-increase-in---of-homeless-families->

Article talking about a rise in homelessness in Rochester, New York.

<https://13wham.com/news/local/advocates-making-new-push-to-help-rochesters-homeless-population-unhoused-crisis-homelessness-city-monroe-county-help>

Another article talking about the rise in homelessness and demands being made, including not punishing sleeping in public and not sweeping encampments.